



2026 National Safety Observances Calendar

Provided By Murphy Insurance Agency

JANUARY 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Preventing Frostbite

Frostbite occurs when the skin and its underlying tissues become frozen. This can lead to stinging, numbness, stiffness and blistering. In cold climates, everyone is susceptible to frostbite, especially workers who spend time outdoors. To reduce the risk of frostbite on the job, it's important to protect hands, feet, noses and ears. This involves bundling in warm, layered and loose-fitting clothing when heading out into winter weather.

Monthly Events

[National Blood Donor Month](#)

[National Human Trafficking Prevention Month](#)

[National Radon Action Month](#)

					01 New Year's Day	02		03
04	05	06	07	08 National Winter Skin Relief Day	09	10 International Snowmobile Safety Week (10th - 18th)		
11 National Human Trafficking Awareness Day Home Office Safety and Security Week (11th - 17th)	12	13	14	15	16	17		
18	19 Martin Luther King Jr. Day	20	21	22	23	24		
25	26 Data Privacy Week (26th - 30th)	27	28	29	30	31		

FEBRUARY 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Posting Annual OSHA Logs

OSHA requires employers to post the OSHA Log Summary (OSHA Form 300A) in a common area of the workplace so all employees have access to the information. The OSHA Log Summary must list the total number of work-related injuries and illnesses that affected employees during the 2025 calendar year. The information must be posted from Feb. 1 until April 30.

Monthly Events

American Heart Month

Earthquake Awareness Month

National Cancer Prevention Month

National Self-Check Month

01 National Burn Awareness Week (1st - 7th) Women's Heart Week (1st - 7th)	02 Groundhog Day	03	04 World Cancer Day	05	06	07 Mardi Gras
08	09	10 Safer Internet Day	11	12	13	14 Valentine's Day National Organ Donor Day
15	16 Presidents Day	17 Ramadan Begins	18 Ash Wednesday	19	20	21
22	23 Eating Disorders Awareness Week (23rd - 26th)	24	25	26	27	28 Rare Disease Day

MARCH 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Ladder Safety

Falls from elevated surfaces are frequently listed as one of the top 10 causes of accidents in the workplace. Most of these accidents occur due to issues related basic ladder safety. To help prevent ladder injuries, make sure to select the correct ladder for the job—check the length and duty rating. Inspect the ladder before each use and clear the area before working. Never place a ladder in front of a door that isn't locked, blocked or guarded. Because metal ladders conduct electricity, use a wooden or fiberglass ladder near powerlines or electrical equipment.

Monthly Events

[Brain Injury Awareness Month](#)

[National Kidney Month](#)

[National Ladder Safety Month](#)

[National Nutrition Month](#)

[Workplace Eye Wellness Month](#)

01	02 Vehicle Safety Recalls Week (2nd - 8th)	03 World Hearing Day	04	05	06 Employee Appreciation Day	07
08 Daylight Saving Time Begins Sleep Awareness Week (8th - 14th) National Patient Safety Awareness Week (8th - 14th)	09	10	11	12	13	14
15 National Poison Prevention Week (15th - 21st) National Drug & Alcohol Facts Week (15th - 21st)	16 Brain Awareness Week (16th - 22nd)	17 Saint Patrick's Day	18	19 Ramadan Ends	20 First Day of Spring	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Distracted Driving

Distracted driving is any activity that takes attention off the road. To remain safe while driving, individuals should silence their phone and store it in a safe location that is out of reach. They should leverage any technology that promotes safe driving, including hands-free communication devices, voice-activated controls and telematics solutions. Further, it's a good idea to avoid multitasking, and never complete additional tasks, such as eating or personal grooming, behind the wheel.

Monthly Events

[Alcohol Awareness Month](#)

[Distracted Driving Awareness Month](#)

[National Safe Digging Month](#)

[National Stress Awareness Month](#)

[Occupational Therapy Month](#)

[Sexual Assault Awareness and Prevention Month](#)

[Workplace Violence Awareness Month](#)

			01		02	<u>World Autism Awareness Day</u>	03	Good Friday	04
05	Easter Sunday	06	<u>National Public Health Week (6th - 12th)</u>	07	<u>Sexual Assault Awareness Day of Action</u> <u>World Health Day</u>	08		09	<u>National Alcohol Screening Day</u>
12		13		14		15		16	
19		20	<u>Drug Impaired Driving Campaign</u> <u>National Work Zone Awareness Week (20th - 24th)</u>	21		22	Earth Day	23	
26		27		28	<u>Workers' Memorial Day</u>	29	<u>International Noise Awareness Day</u>	30	

MAY 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Electrical Safety

Improper handling of electrical equipment can lead to serious injury or even death. Employees should treat electricity with caution and follow established workplace procedures. They should never attempt to repair or modify electrical equipment unless trained and authorized to do so. It's also important to keep cords, outlets, and equipment in good condition, and immediately report frayed wires, exposed conductors, or malfunctioning devices.

Monthly Events

[Building Safety Month](#)

[Food Allergy Action Month](#)

[Healthy Vision Month](#)

[Mental Health Month](#)

[Motorcycle Safety Month](#)

[National Electrical Safety Month](#)

[National Stroke Awareness Month](#)

							01 National Heatstroke Prevention Day	02
03 National Hurricane Preparedness Week (3rd - 9th)	04 National Safety Stand-Down to Prevent Workplace Falls (4th - 8th)	05 Cinco de Mayo	06 National Get Fit Don't Sit Day	07	08		09	
10 Mother's Day	11 Click It or Ticket (11th - 31st)	12 Commercial Vehicle Safety Alliance (CVSA) International Roadcheck (12th - 14th)	13	14	15		16	
17	18	19	20	21	22		23	
24	25 Memorial Day	26	27	28	29		30	
31 World No Tobacco Day								

JUNE 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

National Safety Month

June is National Safety Month and is designed to raise awareness of the leading causes of preventable injuries. Preventable incidents (also known as accidents) are the fourth-leading cause of death in the United States, highlighting the importance of mitigating these events. To keep safety a top priority, employees should engage in routine safety training. This training should outline the top causes of workplace injuries and explain how to prevent them. Additionally, employees are encouraged to report any safety concerns and hazards to their supervisors.

Monthly Events

[Alzheimer's & Brain Awareness Month](#)

[Men's Health Month](#)

[National Safety Month](#)

[Post-traumatic Stress Disorder Awareness Month](#)

[Trench Safety Month](#)

	01 <u>CPR and AED Awareness Week (1st - 7th)</u>	02	03	04	05	06
	07 <u>National Trailer Safety Week (7th - 13th)</u> <u>National Cancer Survivors Day</u>	08	09	10	11	12
	14 Flag Day <u>World Blood Donor Day</u>	15	16	17	18	19 Juneteenth
	21 Father's Day First Day of Summer <u>National Lightning Safety Awareness Week (21st - 27th)</u>	22	23	24	25	26
	28	29 <u>Buzzed Driving Is Drunk Driving (29th - Jul. 5th)</u>	30			27

JULY 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Heat-related Illnesses

During the summer months, outdoor employees are increasingly vulnerable to heat-related illnesses. The body naturally has ways of keeping itself cool by allowing heat to escape through the skin and evaporating sweat. However, if the body does not cool down properly or enough, a person may suffer heat cramps, heat exhaustion or heatstroke. In severe cases, heat-related illnesses can be life-threatening. As temperatures start to climb, workers are advised to drink plenty of water, wear loose, light-colored clothing, take breaks in the shade when possible and avoid overexertion during peak temperature hours.

Monthly Events

[National Fireworks Safety Month](#)

[UV Safety Month](#)

[Vehicle Theft Prevention Month](#)

				01		02		03		04	Independence Day
05	06 Speeding Catches Up With You (6th - 31st)	07	08	09	10	11					
12 CVSA Operation Safe Driver Week (12th - 18th)	13	14	15	16	17	18					
19	20	21	22	23	24	25					
26 National Disability Independence Day	27	28	29	30 National Whistleblower Day	31						

AUGUST 2026

Participating in Safe and Sound Week

Safe and Sound Week is an annual campaign conducted by OSHA and other safety organizations. This event recognizes the successes of workplace safety and health programs across the country and provides additional resources to help organizations and their employees kick-start or improve upon occupational safety and health initiatives. More than 5,000 workers are killed and 3.6 million employees are seriously injured on the job every year, according to OSHA. Considering these findings, it's essential for employers to participate in Safe and Sound Week.

Monthly Events

National Immunization Awareness Month

National Water Quality Month

Psoriasis Action Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						01 National Veterans and First Responders Day
02	03	04	05	06 National Social Engineering Day	07	08
09	10 OSHA Safe and Sound Week (10th - 16th)	11 National 811 Day to Promote Safe Digging	12	13	14	15
16	17	18	19 NHTSA Drive Sober or Get Pulled Over Summer Campaign (19th - Sep. 7th)	20	21	22
23 CVSA Brake Safety Week (23rd - 29th)	24	25	26	27	28	29
30	31 International Overdose Awareness Day					

SEPTEMBER 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

National Preparedness Month

National Preparedness Month is observed every September to encourage individuals and organizations to be ready for emergencies before they happen. It's a reminder to review emergency plans, ensure communication methods are in place, and confirm that supplies such as first-aid kits, flashlights and essential documents are accessible. Whether the risk is severe weather, power outages or other unexpected events, preparedness helps protect employees, minimize disruptions, and support a faster, safer response during a crisis.

Monthly Events

[National Food Safety Education Month](#)

[National Preparedness Month](#)

[National Recovery Month](#)

[National Suicide Prevention Awareness Month](#)

[Pain Awareness Month](#)

		01	02	03	04	05
06 <u>National Suicide Prevention Week (6th - 12th)</u>	07 Labor Day	08	09	10 <u>World Suicide Prevention Day</u>	11 9/11 Anniversary Rosh Hashanah Begins at Sundown	12
13 Rosh Hashanah Ends at Sundown <u>Truck Driver Appreciation Week (13th - 17th)</u>	14	15 <u>Get Ready Day</u>	16	17	18 <u>Concussion Awareness Day</u>	19
20 Yom Kippur Begins at Sundown <u>Child Passenger Safety Week (20th - 26th)</u>	21 Yom Kippur Ends at Sundown	22 First Day of Autumn <u>Falls Prevention Week (22nd - 28th)</u>	23	24	25	26
27	28	29 <u>World Heart Day</u>	30 <u>National Women's Health & Fitness Day</u>			

OCTOBER 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Fire Safety

Fire safety is everyone's responsibility, and simple precautions can prevent serious incidents. Employees should be aware of their surroundings, keep walkways and equipment free of clutter, and never block fire exits or extinguishers. They should report damaged electrical cords or overheated equipment immediately, and follow all guidelines when using heat-producing tools or appliances. Further, it's important to know the location of alarms, extinguishers, and evacuation routes.

Monthly Events

[Domestic Violence Awareness Month](#)

[Eye Injury Prevention Month](#)

[National Crime Prevention Month](#)

[National Ergonomics Month](#)

[National Healthy Lung Month](#)

[National Substance Abuse Prevention Month](#)

					01	02	03
04	05	06	07	08	09	10	World Mental Health Day
11	12	Indigenous Peoples' Day	13	14	15	16	World Food Day
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	Halloween

NOVEMBER 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Winter Weather Preparedness

Winter weather preparedness is essential for ensuring safety and reducing disruptions during snow, ice and extreme cold. Employees should stay informed about forecasted conditions, allow extra time for safe travel and dress appropriately for low temperatures. At work, employees should use caution on icy walkways and in parking lots, report slippery areas, and avoid carrying loads that limit balance. For added safety, employees can keep emergency supplies—such as warm layers, a phone charger, and a small first-aid kit—in their vehicle.

Monthly Events

[American Diabetes Month](#)

[Lung Cancer Awareness Month](#)

[National Healthy Skin Month](#)

01 Daylight Saving Time Ends	02	03	04 <u>National Stress Awareness Day</u>	05	06	07
08	09	10	11 Veterans Day	12	13	14 <u>National Seat Belt Day</u>
15	16	17	18	19 <u>Great American Smokeout</u>	20	21
22	23	24	25 <u>Buzzed Driving Is Drunk Driving (25th - 29th)</u>	26 Thanksgiving Day <u>Buckle Up. Every Trip. Every Time</u>	27 Black Friday	28 Small Business Saturday
29	30 Cyber Monday <u>National Computer Security Day</u>					

DECEMBER 2026

Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday

Holiday Safety

Holiday safety is all about enjoying the season while staying mindful of common risks. Whether at home or in the workplace, take extra care with decorations, electrical cords and heat-producing items, and keep walkways clear to prevent trips and falls. Practice safe driving habits during busy travel periods, avoid rushing and stay alert to winter weather conditions. Be cautious when lifting packages, using ladders or handling sharp tools, and remember that stress and fatigue can increase the likelihood of accidents. By staying aware and making small, thoughtful choices, everyone can enjoy a safe and healthy holiday season.

Monthly Events

[International Sharps Injury Prevention Awareness Month](#)

[National Impaired Driving Prevention Month](#)

[Safe Toys and Gifts Month](#)

			01 <u>World AIDS Day</u> <u>Giving Tuesday</u> <u>If You Feel Different, You Drive Different (1st - 15th)</u>	02		03		04 <u>Hanukkah Begins at Sundown</u>	05
06 <u>National Handwashing Awareness Week (6th - 12th)</u>	07 <u>Older Driver Safety Awareness Week (7th - 11th)</u>	08		09		10 <u>Human Rights Day</u>	11 <u>National Stretching Day</u>	12 <u>Hanukkah Ends at Sundown</u>	
13	14	15		16 <u>Drive Sober or Get Pulled Over (16th - Jan. 1st)</u>		17		18	
20	21 First Day of Winter	22		23		24 Christmas Eve	25 Christmas Day	26 <u>Buzzed Driving Is Drunk Driving (26th - Jan. 1st)</u>	
27	28	29		30		31 New Year's Eve			